



New Year's Resolution

“Get Your Body Back”

Open House

Enjoy FREE:

- Chair Massage
- Mini Fitness & Nutrition Consults
- Body Fat Testing
- Healthy Meal Samples by Personal Chef Tony Johnson

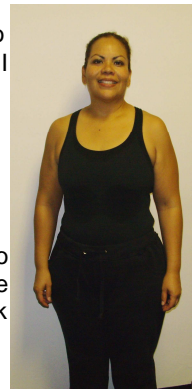
AND...

Check Out Our Studios
Meet the Trainers
Make Your Fitness Goals



Before

“I have been coming to PPT for 8 months and I have lost 67 pounds with the support and dedication that I have received from PPT. I am thankful for one of the best decisions that I've made, which was to come to PPT to achieve my fitness goals. Thank you for everything.”
Diana Guerra

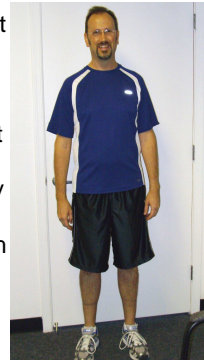


After



Before

“I started working out at PPT about 4 months ago. Since then I have lost 8 inches off my waist. I like the support and motivation I get from my trainers. They know how much to push me even when I'm not sure I can keep going, I love it.”
Thomas Doll



After

When & Where?

January 9th
6383 E Grant Rd
(520) 722-3488
12-4 p.m.

And

January 16th
3055 N Campbell
(520) 323-3488
12-4 p.m.
www.ppttucson.com

Bring a Friend!

Enter Our Raffle to Win the Grand Prize

A Free week of Personal Training
10% off any Training Package
Two meals prepared by Chef Tony Johnson
One hour massage by LMT Toni Ellwell